



# The Importance of Semiconductor and Laser in the Medical Sciences

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**ABSTRACT:** This research paper introduces semiconductor laser operation and delves into its applications in ophthalmology, surgery, cosmetics, and dentistry. It also highlights the promising future of semiconductor lasers in the medical field, offering valuable insights for researchers. Lasers, originating from Albert Einstein's 1917 theory, harness the power of excited atoms to produce a coherent, amplified beam of light. Charles Townes coined the term "laser" in 1951, and Theodore Maiman created the first laser in 1960 by exciting atoms within a medium, often a crystal, gas, or liquid. This process results in a high-wattage beam of light through energy reflection and amplification. In the medical realm, lasers have become indispensable tools, offering speed, precision, and minimal invasiveness. They have permeated various medical disciplines, transforming fields such as dermatology, ophthalmology, dentistry, and more over the last half-century. The laser's surgical functions include precise cutting with cauterization, tissue surface vaporization, and enabling internal visualization via optical fibers. Beyond surgery, lasers play a pivotal role in biological applications, from high-resolution microscopy to sub cellular nano surgery. This research paper encompasses a comprehensive survey of laser applications in medicine, categorizing them into four key areas: types of lasers, laser-tissue interactions, therapeutics, and diagnostics. These laser applications have profoundly impacted medical practices, exemplifying how innovative ideas can revolutionize the medical field.

**Keywords:** *Semiconductors; Medical Fields; Medical Applications; Healthcare*

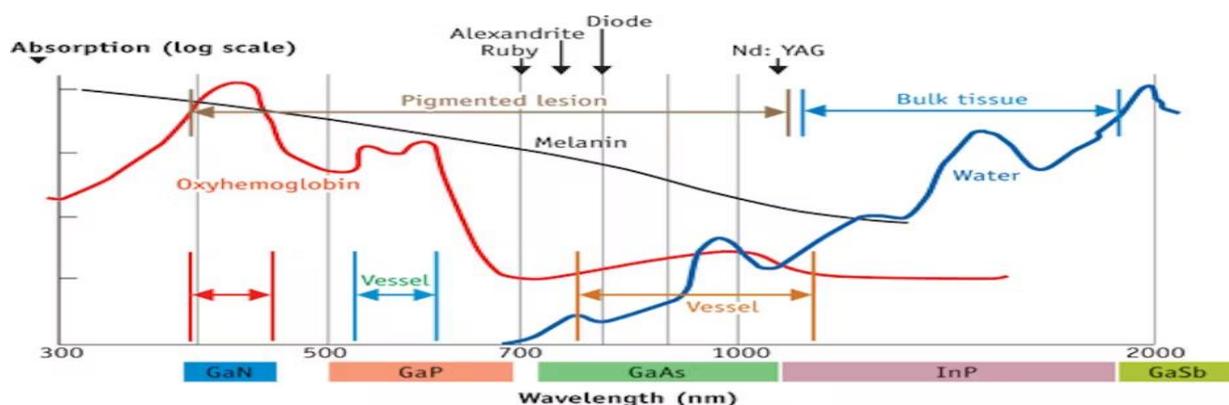
## Introduction

The theoretical medical disciplines involved (on guinea pigs or tissue samples) are essentially. Bacteriology, Biochemistry, cellular biology (including cancerology), Genetics, Molecular Biology and Pharmacology. In this medical context, the present paper describes the commencement with a thorough introduction to the intricate mechanisms that power semiconductor lasers. We unravel the scientific principles that underpin their functionality, providing a strong foundational understanding. Moving forward, we delve into the specialized applications of semiconductor lasers across key medical departments, including ophthalmology, surgery, cosmetology, and stomatology. Further we will see new techniques in laser therapy, Thermal laser therapy, Interstitial laser photocoagulation (Hepatic metastases, Breast Cancer, Benign disease), Photodynamic therapy, Neoplasia of hollow organ.

Thermal laser therapy, Interstitial laser photocoagulation (Hepatic metastases, Breast Cancer, Benign disease), Photodynamic therapy, Neoplasia of hollow organs, Neoplasia of solid organs, Vascular disease, Localized infection, Menorrhagia. After that we will be looking into the Femtosecond laser technology and its future aspects in the medical domain. Through detailed analysis, we illustrate how these lasers are revolutionizing procedures and treatments within these domains, promoting precision and innovation. In closing, we cast our gaze towards the future, outlining the expansive potential of semiconductor lasers in the medical landscape. This forward-looking perspective not only inspires but also serves as a valuable reference for researchers and professionals seeking to harness the full spectrum of benefits that semiconductor lasers offer in the realm of healthcare.

### Operational Mechanism Of Semiconductors Lasers

Semiconductor lasers in medical applications operate through two primary mechanisms: 1. -Bio Stimulation Mechanism: This mechanism is rooted in the concept of stimulating biological functions. It posits that the weak interaction between lasers and organisms serves as a source of stimulation. In response to this stimulation, organisms exhibit specific reactions at the molecular and cellular levels. These responses can include adjustments in protein and nucleic acid synthesis, DNA replication, enzyme regulation, and the activation of various defense mechanisms. While the bio-stimulation theory is a plausible hypothesis, it remains a topic of ongoing discussion and development, with differing views on its exact mechanisms. 2. Thermal Effect: The thermal effect is a fundamental factor in laser-induced biological effects. When lasers interact with biological tissue, the absorbed photon energy increases molecular vibration and rotation, leading to localized heating. Pigments present in tissues, such as melanin, hemoglobin, and carotenoids, enhance light absorption, making the thermal effect more prominent. The interaction between lasers and biological tissue is intricate, influenced by laser parameters (wavelength, power, coherence, polarization, etc.) and tissue properties (density, elasticity, thermal conductivity, etc.). Recent research focuses on understanding the absorption and scattering of laser energy in tissues and achieving precise control of laser medical technology for enhanced clinical outcomes.



Source: Laser Focus World

### Application in Cosmetology Department

Laser technology, particularly the 810nm semiconductor laser, has become the gold standard for laser hair removal in cosmetic medicine. This method relies on melanin absorption to deliver thermal damage. MI conductor laser has shown promise in treating acne by targeting sebaceous glands. It effectively protects the epidermis, offering a solution for acne and acne scar healing. Semiconductor lasers have also made headway in wrinkle reduction and skin rejuvenation. By penetrating the dermis layer, they stimulate collagen regeneration and remodeling, resulting in smoother, more elastic skin. Devices like Candela's Smooth Beam offer dynamic cooling treatments to protect skin tissue and reduce complications. Looking ahead, semiconductor lasers hold exciting prospects for future cosmetic applications. They may further advance in addressing various skin concerns, offering enhanced outcomes and minimized side effects.

### **Application in Stomatology Department**

Low-intensity laser irradiation shows promise in treating chronic oral diseases, such as oral ulcers, erosive lichen, and joint dysfunction. Research conducted by Matthias Kreisler and others using an 809nm AIAS semiconductor laser demonstrated enhanced cell proliferation in gingival fibroblasts after irradiation. This approach accelerates wound healing, particularly beneficial for oral ulcer treatment. However, the proliferative effect diminishes after 24 hours, emphasizing the need for repeated treatments. Stomatitis, a common oral ailment, can be effectively treated with low-intensity laser irradiation. It exhibits significant bactericidal effects, especially on gum tissue, with the most effective wavelength at 630nm. This has significant implications for stomatitis treatment. In the realm of Temporomandibular Disorder (TMD), laser therapy offers relief by addressing pain, inflammation, and muscle imbalance. Semiconductor lasers, when applied to deep tissues and acupuncture points, induce anti-inflammatory, analgesic, and microcirculation-improving effects, correcting joint disorders. The future of medical laser applications, including oral health, lies in the potential of real-time bidirectional communication via new media. This enables instant feedback and information exchange between patients, practitioners, and the broader medical community, revolutionizing the way healthcare information is shared and disseminated. Laser therapy, combined with evolving communication technologies, promises to enhance patient care and research in the years to come.

### **Application in Surgery Department**

The 808nm semiconductor laser has gained widespread use in low-power fusion research and surgical procedures. Studies by Wolf DeJonge have demonstrated its effectiveness in vessel welding, showing average rupture pressure comparable to commonly used laser systems but with a significantly lower risk of postoperative aneurysm formation. Semiconductor laser technology continues to advance in tissue welding, expanding its applications. For example, the German company has introduced innovative models like CeralasD15, a 980nm semiconductor laser knife used in minimally invasive operations. This technology is gaining recognition worldwide for its clinical efficacy. Furthermore, Beijing Long Huihong Medical Science and Technology Development has introduced the HOP-100 semiconductor laser operation knife system, addressing gaps in domestic laser medical research. With a wavelength of 830nm and adjustable output power, it finds applications in vascular surgery, thoracic surgery, neurosurgery, and more. Future possibilities include the exploration of the 980nm semiconductor laser's superior performance in cutting and solidification, compared to the 830nm variant, while requiring less power. Additionally, semiconductor lasers show potential in treating

various conditions, such as skin herpes zoster, diabetic skin ulcers, and post-surgical injuries, widening their scope in the medical field.

### **Vascular Disease**

After balloon angioplasty or stent insertion for vascular disease, a significant issue is restenosis due to smooth muscle cell proliferation. Photodynamic therapy with 5-amino laevulinic acid has shown promise in suppressing this cell growth without increasing thrombosis risk or weakening arterial walls. Clinical trials are underway, with early results suggesting feasibility and safety. This technique could be a non-ionizing radiation alternative to brachytherapy, offering significant potential in endoluminal procedures for coronary and peripheral arteries. In another avenue, research explores using photodynamic therapy with Verteporfin for macular degeneration in the eye. Clinical trials aim to slow down the visual deterioration associated with this condition. This research shows promise for improving eye health and preserving vision.

### **Localized Infection**

Photodynamic therapy has been explored for targeting microorganisms. Bacteria and organisms like *Candida* can be killed with photosensitizers and red light, but the technique is limited to localized infections. It holds potential for treating skin ulcers with resistant organisms like MRSA or bacterial infections in the mouth. In theory, photodynamic therapy could be used for superficial localized infections, even for challenging cases like *Helicobacter pylori* infection in the upper gastrointestinal tract. This bacterium can be photosensitized with substances like methylene blue, and endoscopic access makes it feasible. However, it would require technical innovation to deliver adequate drug and light doses to all relevant sites. Treating viruses is more challenging, but destroying infected cells, as in the case of genital warts, is a possibility. Photodynamic therapy offers the advantage of minimal scarring and the potential for repeat treatments in these areas.

**“As these devices continue to increase in complexity with shrinking feature sizes and tolerances, novel geometries and surface texturing, and new bio-absorbable materials, the use of femtosecond lasers becomes increasingly necessary.”**

### **Future of Femtosecond Laser in Ophthalmology**

While femto lasers have already been used in a range of ophthalmic procedures, there are some areas researchers and companies are still investigating today.

In particular, femto laser-based surgeries concerning the posterior segment at the back of the human eye – consisting of the vitreous humor, retina, choroid, and optic nerve – are believed to be possible in theory but have not yet been commercialized. In an article published in early-2020 on clinical database Ento Key, Dr Dilraj Singh Grewal – an ophthalmology professor at Duke University School of Medicine – writes that retinal surgery is one of the treatment types that could benefit from femto laser technology. “While the precision of femtosecond lasers has revolutionized the fields of cataract and refractive surgery, their use in the posterior segment is still at a very nascent stage,” he adds. This is mainly due to the fact that tissue treated with a femto laser needs to be both avascular and transparent, and the heat levels it produces also need to be low enough to not cause any collateral damage to other parts of the eye along the laser beam’s path. If this can be achieved in the future,

however, Dr Grewal believes femto laser treatments “have the potential to provide more precision and reproducibility than conventional manual surgery” when it comes to operating on the retina.

Femtosecond laser-assisted glaucoma surgery is another area that has plenty of promise but has not yet been fully realized. It's thought the potential benefits femto lasers hold in this area are similar to those it has already exhibited in cataract surgery – greater precision, a decrease in operating times, and perhaps some economic benefits for the medical practices using them as well.

### **Future Prospects Of Application Of Semiconductors And Lasers In Medical Domain**

Semiconductor laser technology is rapidly advancing, leading to an expanding range of laser.

wavelengths. Currently, developed countries like Japan, Europe, and the United States are at the forefront of developing semiconductor laser medical equipment. These devices are becoming smaller, more integrated, multifunctional, and intelligent. In contrast, China is in the early stages of semiconductor laser treatment development, with a significant gap compared to developed nations, primarily relying on imported medical equipment. However, China is now the world's third-largest medical laser market, following the United States and Japan, offering immense growth potential. As semiconductor laser technology continues to evolve in China and with the dedication of researchers from various disciplines, we can expect to see significant improvements in advanced semiconductor laser medical equipment. This progress will enhance China's overall medical laser capabilities, making it a key player in the global medical technology landscape in the near future

### **Conclusion**

Semiconductor lasers in medical applications function through two key mechanisms: bio-stimulation, which stimulates biological functions, and the thermal effect, which induces localized heating in tissue. Advances in semiconductor diode lasers are driving their use in medical and aesthetic procedures, offering precision and versatility. These lasers have various applications in medicine, from surgery to aesthetic treatments, and their specific effects on biological tissue depend on the laser's parameters. This technology enhances surgical precision and patient outcomes. Carbon dioxide lasers are excellent for precise surgical procedures in delicate areas. Future laser treatments hold promise, including image-guided tumor destruction, interstitial laser photocoagulation for various organ issues, photodynamic therapy for tumors, and applications like preventing restenosis and treating infections. Advances in lasers will enhance accessibility. Near-infrared lasers penetrate tissue deeply, while high-power Nd YAG lasers are effective for advanced cancer debulking. These technologies offer exciting prospects in the medical field. Femtosecond lasers, with ultrashort pulses of light, have found applications in eye surgery, medical implant manufacturing, and may have future uses in neuroimaging. Dr. Ronald Kurtz's work in the 1990s laid the foundation for these lasers, leading to innovations in ophthalmology and medical device manufacturing. These ultrafast lasers have established roles in healthcare and hold promise for new frontiers in the future.

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